

How do I create a BUDGET ON A LOW INCOME?

TRACK EXPENSES:

Keep a record of every penny you spend. This will help you identify areas where you can cut back.

PRIORITIZE ESSENTIALS:

Allocate funds first for basic needs such as rent, utilities, food, and healthcare.

ELIMINATE COSTS:

Review your expenses and eliminate non-essential items like entertainment subscriptions or dining out frequently.



SUPPLEMENT YOUR INCOME:

Consider finding ways to increase your income, such as a part-time job or selling unused items.



SET SAVINGS GOALS:

Start saving small amounts consistently. Over time, it will add up and provide a safety net.

